



# WORLD ENVIRONMENT DAY CELEBRATION



**DATE : 05-06-2023**

The NSS unit of KMEA Engineering College demonstrated their commitment to environmental conservation by organizing an impactful event on June 5, 2023, to commemorate World Environment Day. The event's primary objectives were to raise awareness about pressing environmental issues and promote sustainable practices within the student body and the wider community. Activities during the event included tree planting, clean-up drives, and informative talks. These activities were carefully selected to emphasize the significance of preserving the environment through practical actions and education. Tree planting helps combat deforestation and contributes to the improvement of local ecosystems, while clean-up drives address the issue of waste management and pollution. Informative talks further enhance participants' understanding of the specific environmental concerns being addressed. By aligning their event with World Environment Day, the NSS unit of KMEA Engineering College showcased their awareness of global environmental initiatives and their dedication to contributing to them. Focusing on the theme of the year underscores their intention to address specific environmental challenges that require immediate attention.

This initiative is noteworthy not only for its local impact but also for its alignment with the global effort to protect the environment for future generations. By engaging both students and the community, the NSS unit effectively spread awareness and promoted sustainable practices, making a positive contribution to environmental conservation on a larger scale. In summary, the World Environment Day event organized by the NSS unit of KMEA Engineering College on June 5, 2023, exemplifies their dedication to raising environmental awareness and promoting sustainable actions. Through their thoughtful activities and alignment with the yearly theme, they contribute to the global movement toward preserving our planet's health and resources.





# CAMPUS CLEANING PROGRAMME : ENTE VEED



**DATE : 15-06-2023**

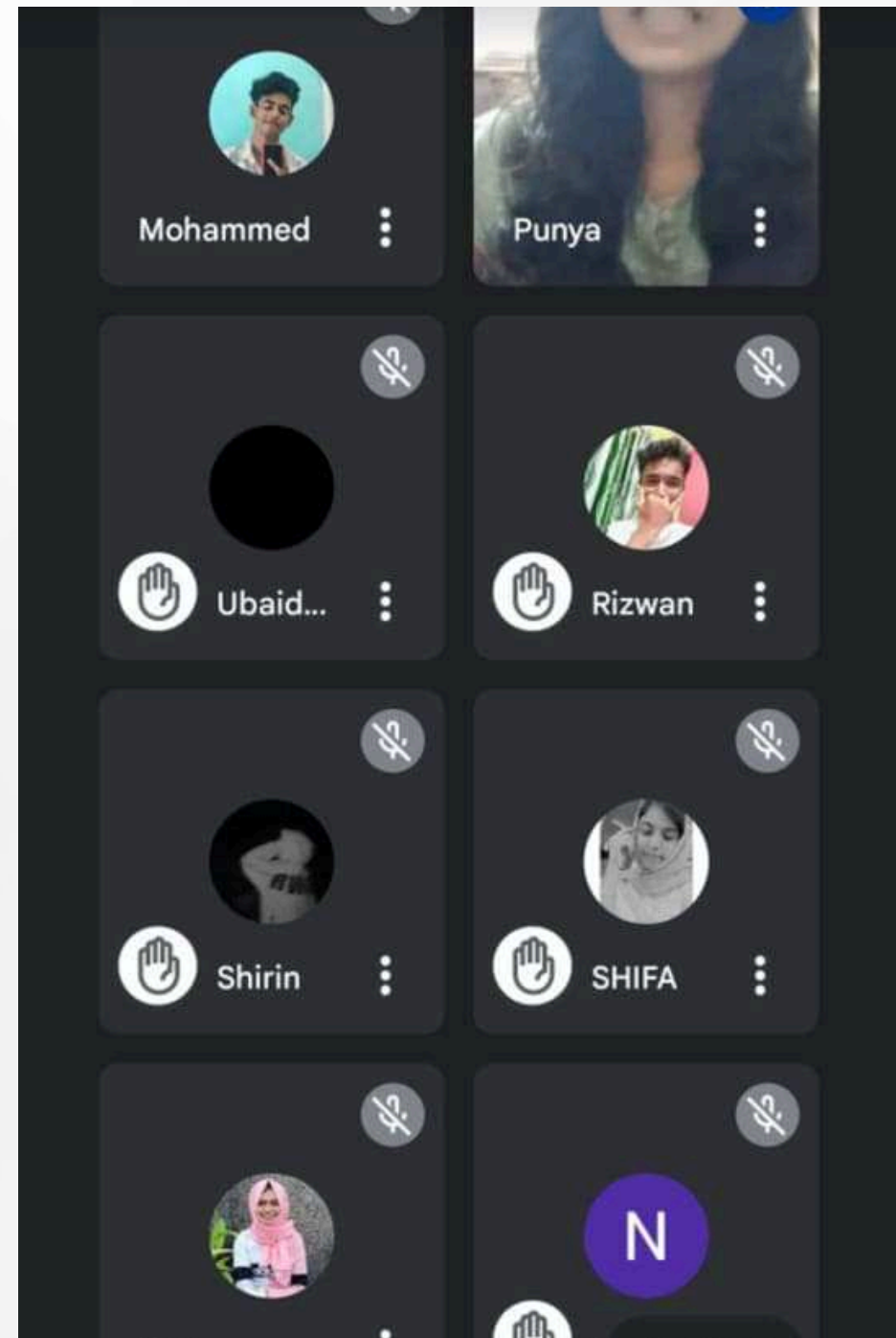
This initiative demonstrated the NSS unit's commitment to community service and environmental stewardship within the college campus. By naming it "Ente Veed," which translates to "My Home" in English, the organizers emphasized the idea that the campus is not just a place of learning but also a shared space that needs to be cared for collectively. The program's primary objectives were twofold: promoting cleanliness and instilling a sense of responsibility among students. The chosen date of June 15, 2003, indicates a longstanding commitment to maintaining a clean environment, which is crucial for an optimal learning and working atmosphere. The active participation of volunteers and students was a pivotal aspect of the program's success. Their enthusiastic involvement demonstrated a shared commitment to the cause.

This awareness likely translated into lasting habits and attitudes toward cleanliness and responsibility. In conclusion, the "Ente Veed" Campus Cleaning Program organized by NSS KMEA on June 15, 2003, embodies the spirit of community engagement and environmental consciousness. Through its objectives, active participation, and emphasis on responsibility, the program not only contributed to a cleaner campus but also instilled valuable life lessons in the participants. This event serves as a reminder that fostering a sense of ownership and collective responsibility can lead to lasting positive change within a community.





# YOGA DAY CELEBRATIONS



**DATE : 21-06-2023**

Platform: Online Google meet

As a part of International Yoga Day , an online webinar was presented by Ms. Punya Pratap, an experienced yoga trainer. The session aimed to promote the benefits of yoga, enhance awareness about holistic well-being, and provide participants with insights into incorporating yoga into their daily lives. Nearly 50 volunteers gathered in the meeting.

The program began by reciting the NSS anthem by the NSS Volunteers. The speaker Punya highlighted the various physical, mental, and emotional benefits of practicing yoga. She discussed how yoga contributes to stress reduction, flexibility, strength, balance, and overall vitality. The session included a demonstration and explanation of fundamental yoga poses and techniques. She guided participants through basic asanas (postures) and pranayama (breathing exercises), emphasizing their importance in achieving mind-body harmony.

The importance of mindfulness and meditation in modern lifestyles was discussed. Ms. Punya Pratap led a brief meditation session, emphasizing its role in improving focus, relaxation, and emotional well-being.

The program wound up by a question-and-answer segment. They asked about yoga routines, specific health concerns, and ways to integrate yoga into their daily routines.





# DRUG AWARENESS : TALK SESSION



**DATE : 26-06-2023**

On June 26, 2023, a comprehensive drug awareness talk session by Shihab Chelakkulam, Senior civil police officer, Narcotics Cell, Aluva was successfully organized by the collaborative efforts of NSS Units 226 and 308 from KMEA Engineering College. This initiative exemplified the college's commitment to community welfare and fostering a greater understanding of the societal impact of drug abuse. The talk session featured distinguished guest speakers, including medical professionals and counselors, who shared their expertise through insightful presentations. They discussed the wide-ranging consequences of drug abuse, covering both physical and psychological aspects. The event aimed to empower attendees with the knowledge needed to make informed decisions, develop resilience, and extend support to individuals grappling with drug-related issues. Interactivity played a key role in the event's success. Interactive discussions and Q&A segments allowed students to engage directly with the speakers, facilitating a deeper grasp of the subject matter. The incorporation of visual aids such as posters, videos, and real-life stories further enhanced the effectiveness of the awareness campaign, vividly illustrating the detrimental effects of different drugs.

The event's reach was substantial, drawing active participation from students, faculty members, and administrative staff. The collective concern demonstrated by the involvement of various stakeholders underscored the urgency of addressing drug abuse as a community. Feedback received from attendees confirmed the event's impact. A heightened awareness and renewed dedication to spreading knowledge about the dangers of drugs were among the positive outcomes observed within the college community. In conclusion, the drug awareness talk session held on June 26, 2023, by NSS Units 226 and 308 at KMEA Engineering College showcased a multi-faceted approach to tackling a significant social issue. Through expert insights, interactive discussions, and visual aids, the event effectively conveyed the importance of combatting drug abuse and building a supportive environment within the college community.





# KINDER HOSPITAL VOLUNTEERING



Operation Smile KINDER HOSPITALS ihf inga

## FUTURE OF SMILES MISSION

FREE CLEFT LIP & PALATE SURGERY

29th JULY 2023 - 6th AUGUST 2023

People Born with Cleft Lip and Cleft Palate Deformity Will Be Treated Free Of Cost. This Includes Surgery And Travelling Costs

SURGERIES WILL BE CONDUCTED AT:  
KINDER HOSPITALS, KALAMASSERY, KOCHI

For Registration : +91 9467 542 889, +91 8918 279 407

KINDER HOSPITAL PATHADIPALAM IS CONDUCTING THE CAMP IN COORDINATION WITH KMEA NSS 226 & 308 Volunteers

NAAC 5 ARIIA MEXXII UNIVERSITY OF APPLIED SCIENCES N-S-D-C National Skill Development Corporation

Operation Smile KINDER HOSPITALS ihf inga

KMEA NSS volunteers at free cleft lip and palate surgery camp conducted by Kinder Hospital and Operation smile

29th July 2023-06th August 2023

LAC 5 ARIIA MEXXII UNIVERSITY OF APPLIED SCIENCES N-S-D-C National Skill Development Corporation

**DATE : 28-07-2023 to 06-08-2023**

The "Future of Smiles" mission, focused on providing free cleft lip and palate surgeries, took place from July 28th to August 6th, 2023. The surgeries were successfully conducted at Kinder Hospitals in Kalamassery, Kochi. This initiative aimed to transform the lives of individuals born with cleft lip and palate deformities by offering them free-of-cost surgeries, covering not only the medical procedures but also the associated travel expenses. Kinder Hospital Pathadipalam collaborated closely with the NSS Units 226 and 308 of KMEA to organize and execute this mission. This joint effort emphasized the power of partnerships between medical institutions and community service organizations in making a positive impact. By providing free surgeries and addressing cleft lip and palate deformities, the "Future of Smiles" mission not only enhanced the physical appearance of those treated but also contributed to improved speech and overall quality of life. The collaboration between medical professionals, Kinder Hospital, and the KMEA NSS units exemplified a collective commitment to social welfare and healthcare accessibility.

In summary, the "Future of Smiles" mission's dedication to offering free cleft lip and palate surgeries underscores the importance of medical and community partnerships. Through the collaboration of Kinder Hospital, KMEA NSS Units 226 and 308, and coordinated efforts, this initiative brought about meaningful change in the lives of those born with cleft deformities, embodying the spirit of compassion and service.





# INDEPENDENCE DAY CELEBRATIONS



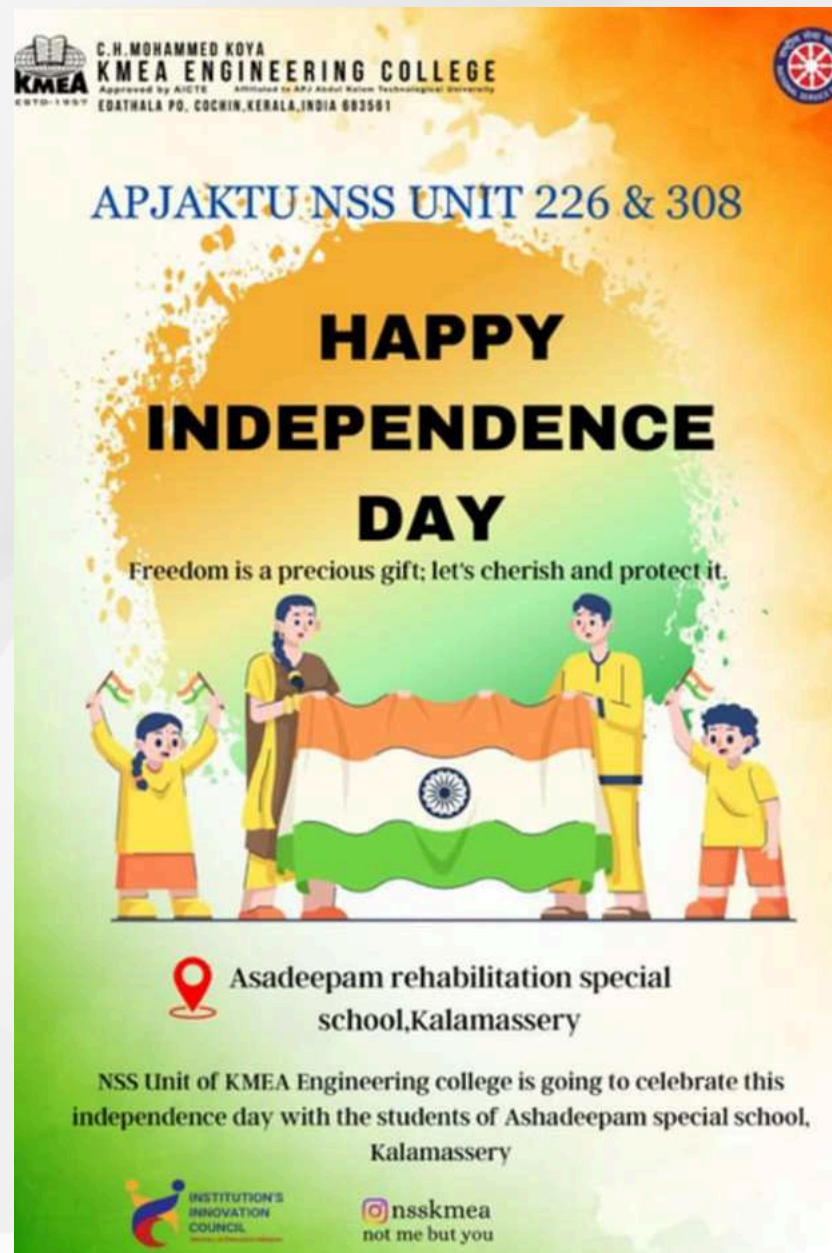
**DATE : 15-08-2023**

The NSS units 226 and 308 of KMEA engineering collage organized a grand Independence Day celebration program on August 15, 2023, to commemorate India's 77th year of independence. The event aimed to instill a sense of patriotism and promote community service among the participants and to honor the country's freedom fighters and inspire the participants with a sense of patriotism and commitment to social service.

The ceremony commenced with the unfurling of the Indian national flag by the principal of KMEA engineering collage Dr. Amar Nishad T.M at the College premises at 9 am. All the teachers and non-teaching staff of the collage participated in the occasion, amidst the tunes of the national anthem. The tricolor fluttered proudly in the sacrifices made by the great leaders.

The principal Dr Amar Nishad sir emphasized the significance of unity, diversity, and the spirit of service in nation-building. They shared anecdotes from the freedom struggle, highlighting the sacrifices made by the great leaders. Sweets were distributed at the end of the celebration.





NSS units of KMEA engineering collage and rotaract club of KMEA engineering collage jointly embarked on a meaningful and heartwarming visit to 'Asadeepam Residential Special School', a specialized educational institution for differently-abled students, on the occasion of India's 77th Independence Day. The aim of the visit was to celebrate the spirit of independence with these remarkable students, spreading joy, and fostering a sense of inclusivity and unity.

The president ,secretary and the club administrator of Rotaract club were invited to deliver motivational talks. These talks inspired the students to believe in themselves, set ambitious goals, and work towards achieving them.

The volunteers organized a series of cultural performances that showcased the talents of both the students from Asadeepam Residential Special School and the volunteers. Dances, songs, skits, and other performances were put on display, celebrating the rich diversity of our nation and highlighting the abilities of differently-abled students and also engaged in interactive sessions with the students, sharing stories, experiences, and words of encouragement. These sessions aimed to build a sense of camaraderie and mutual understanding between the volunteers and the students.gave them sweets and juices as a token of love. This gesture aimed to bring smiles to their faces and communicate the message of care and inclusivity.

The Independence Day celebration program organized by NSS was a resounding success, effectively combining patriotism, cultural expression, community service, and awareness-building. The event served as a platform for participants to connect with their roots, express their love for the nation, and commit to making a positive impact on society. Through its various activities, the NSS reinforced its commitment to instilling values of social responsibility and national pride in the hearts of the youth.





# POOVE POLI 2023 VOLUNTEERING



**DATE : 21-08-2023**

NSS volunteers from Units 226 and 308 at KMEA Engineering College extended their benevolent hands to actively participate in the Onam celebrations of special school students. This event was not merely an ordinary celebration; it represented the embodiment of compassion, unity, and the spirit of sharing that Onam traditionally symbolizes.

These NSS volunteers went beyond the role of spectators; they took on the roles of organizers, coordinators, and most importantly, friends. Their volunteer efforts ensured that the Onam celebration was a resounding success. They decorated the venue with vibrant colors, coordinated cultural performances, and even assisted in preparing and serving traditional Onam dishes.

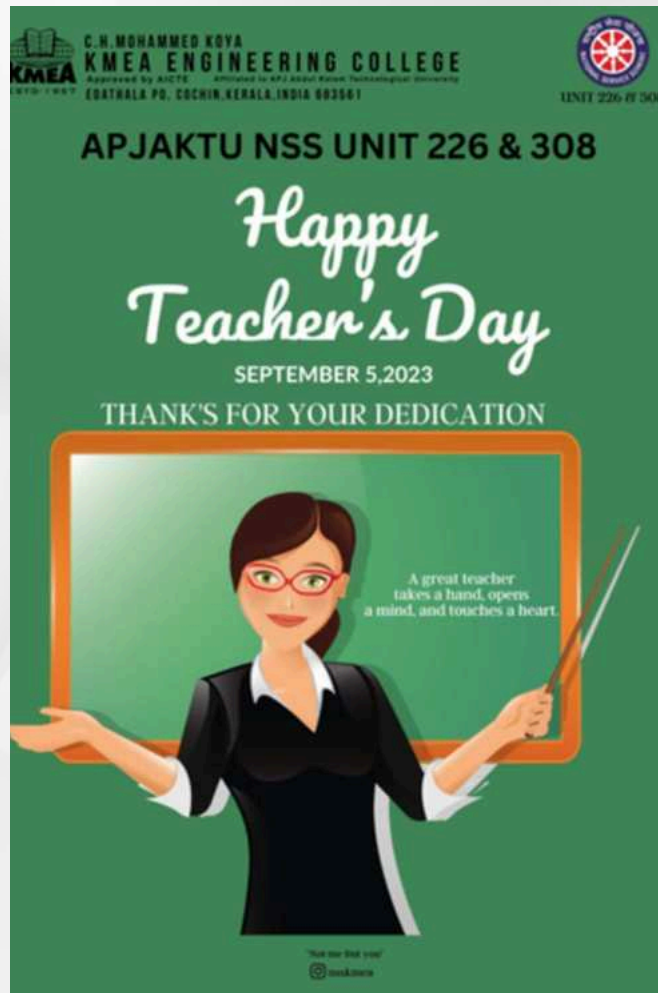
What made this event truly remarkable was its emphasis on inclusivity. By inviting special school students to partake in the festivities, the NSS volunteers sent a powerful message that festivals like Onam should be inclusive, welcoming everyone to experience the joy and cultural richness they offer. Special school students were not passive participants but active contributors to every aspect of the celebration.

The atmosphere buzzed with the enchanting melodies of cultural performances, the tantalizing aroma of Onam delicacies, and, most importantly, the warmth of shared experiences. The camaraderie that blossomed between NSS volunteers and special school students was a testament to the transformative power of compassion and community engagement.





# TEACHER'S DAY CELEBRATIONS



**DATE : 05-09-2023**

NSS Unit 226 and 308 of KMEA Engineering College demonstrated a deep commitment to this cause by going the extra mile to make Teacher's Day celebrations memorable. Their gesture of crafting beautiful cards by the volunteers reflects a genuine and heartfelt way of saying "thank you."

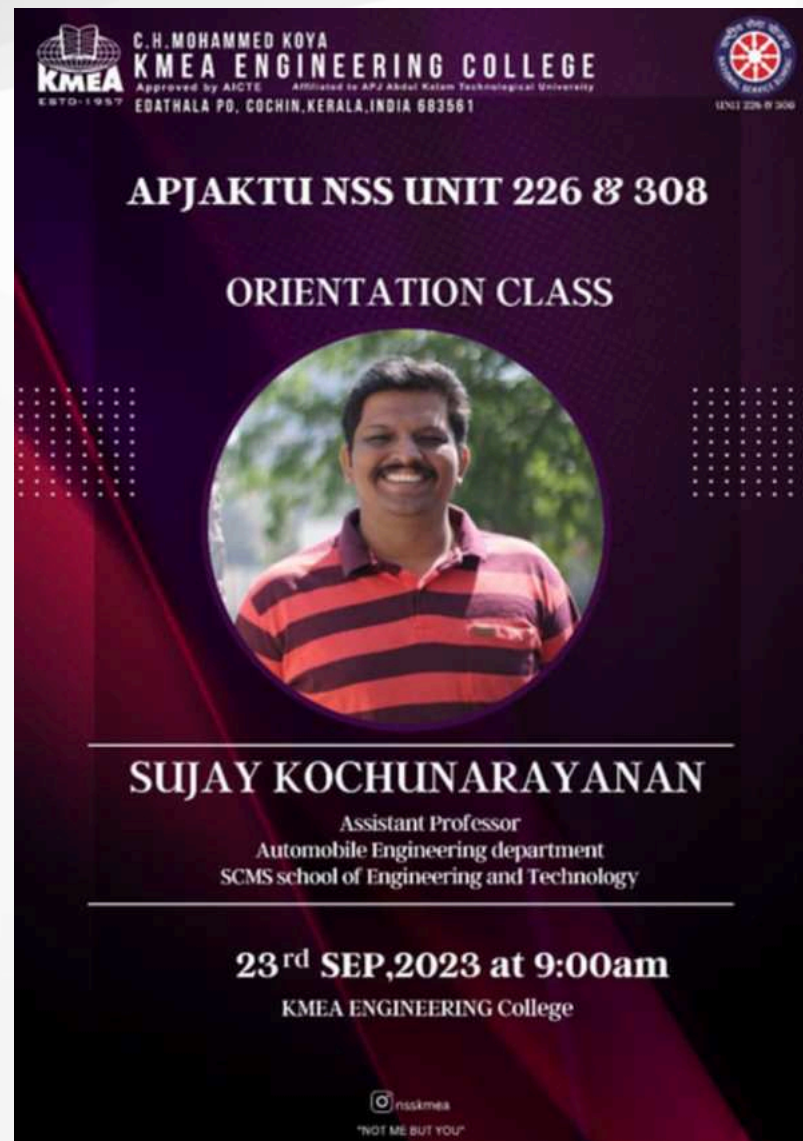
These cards are not just pieces of paper but tokens of appreciation, carrying the sentiments and respect of the NSS volunteers. The effort and creativity put into making these cards underscore the volunteers' dedication to expressing their gratitude in a meaningful and personal manner. By taking the time and care to create these heartfelt cards, NSS volunteers not only show their appreciation for their teachers and principal but also set an example of gratitude and respect. Such actions reinforce the importance of recognizing and valuing the contributions of educators in our lives.

In summary, Teacher's Day is a day to honor the invaluable role of teachers in our lives. NSS Unit 226 and 308's initiative to express gratitude through handmade cards not only acknowledges the significance of teachers but also exemplifies the spirit of appreciation and respect. This gesture serves as a reminder of the lasting impact teachers have and the importance of showing our gratitude in meaningful ways.





# ORIENTATION CLASS



**DATE : 23-09-2023**

On September 23, 2023, NSS Unit 226 & 308 of KMEA Engineering College organized an enlightening orientation class for its volunteers. The session was conducted by Sujay Kochunaeayanan, an Assistant Professor in the Automobile Engineering department at SCMS School of Engineering and Technology. This event aimed to provide valuable insights and guidance to NSS volunteers, enriching their understanding and motivation. Sujay Kochunarayanan, a seasoned academician, graced the event with his presence. His extensive knowledge and experience in the field of Automobile Engineering made him the ideal speaker to enlighten the young minds of the NSS volunteers.

The session began with an introduction to the importance of community service and volunteerism. Sujay emphasized how NSS volunteers play a crucial role in making a positive impact on society. He encouraged the volunteers to approach their work with dedication and a spirit of selflessness. The core of the session revolved around the concept of service leadership. Sujay explained that leadership is not merely about leading, but about serving others. He shared anecdotes and real-life examples that illustrated the transformative power of service-oriented leadership.





# CONGRATULATING CEREMONY OF SPECIAL OLYMPIC ATHLETES: VOLUNTEERING



**DATE : 23-09-2023**

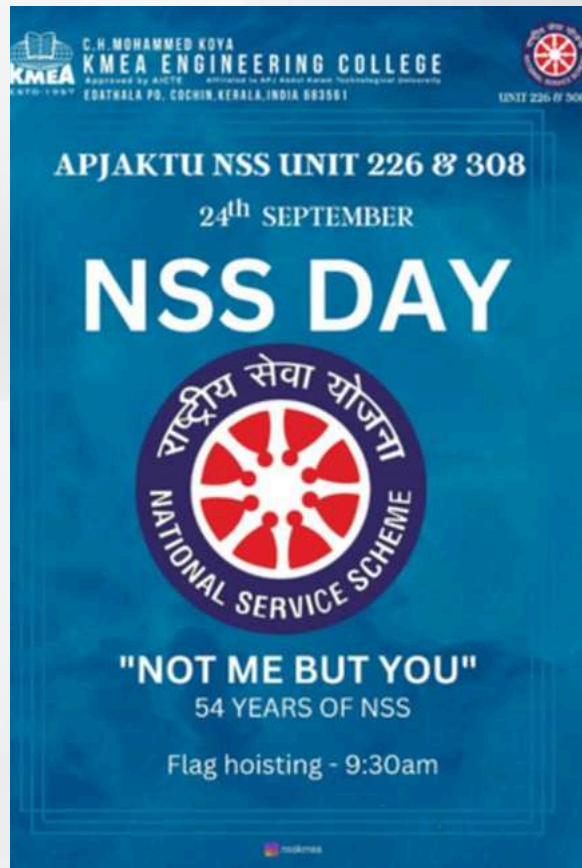
On September 23, 2023, the NSS volunteers of Units 226 and 308 from KMEA Engineering College enthusiastically participated in a special event—the Congratulatory Ceremony for Special Olympic Athletes. This significant event was inaugurated by a distinguished guest, Shri. V. Abdhurahiman, Ministry of Sports. The event was a celebration of remarkable achievements by Special Olympic athletes who had displayed exceptional dedication and talent. Shri. V. Abdhurahiman's presence added prestige to the occasion and highlighted the government's support for sports and inclusivity.

The NSS volunteers played a crucial role in ensuring the smooth and memorable execution of the ceremony. Their active involvement in various aspects of the event showcased their commitment to community engagement and their enthusiasm for celebrating the achievements of these athletes. The Congratulatory Ceremony was not only a celebration but also an inspiring reminder of the power of determination and the importance of recognizing and supporting the achievements of individuals with diverse abilities. The NSS volunteers left the event with a sense of gratitude and motivation to continue their community service efforts.





# NSS DAY CELEBRATIONS



**DATE : 24-09-2023**

NSS Day, celebrated on September 24th every year, is a momentous occasion for NSS volunteers to commemorate their commitment to community service and societal welfare. At KMEA Engineering College, this day was celebrated with grandeur by the dedicated volunteers of Units 226 and 308. The NSS volunteers gathered in full force, bringing together students, teachers, and the essence of service. The celebration was marked by a special ceremony that began with the hoisting of the NSS flag, a symbol of unity and purpose.

The event was illuminated not only by the flag but also by the illuminating thoughts shared by esteemed teachers. They emphasized the importance of service to society and the role of NSS volunteers in making a positive impact. As part of the celebration, the NSS volunteers extended their gratitude to the faculty members who have been instrumental in guiding and supporting their endeavors. Sweets were distributed as a token of appreciation for their unwavering support.

The NSS Day celebration at KMEA Engineering College captured the true essence of NSS—bringing together individuals with a shared passion for community service and fostering a spirit of unity, responsibility, and gratitude.





As part of the NSS Day celebrations, a significant event unfolded at KMEA Engineering College, orchestrated by the dedicated NSS volunteers of Units 226 and 308. This event was a noble and compassionate endeavor—a Food Drive aimed at alleviating hunger in the community. NSS volunteers, fueled by their commitment to social welfare, organized a Food Drive that served as a beacon of hope for those facing hunger. The drive was a reflection of NSS's core principles, emphasizing the importance of service to society.

The heart of this initiative lay in the generosity and support of NSS volunteers. They came together, contributing food items and essentials that would make a significant difference in the lives of those struggling with hunger. On NSS Day, the volunteers actively participated in distributing the collected food items to individuals and families in need within the community. This act of kindness resonated with the true spirit of NSS—to be a helping hand to those in distress.

The Food Drive not only served a humanitarian purpose but also fostered a sense of unity and purpose among the volunteers. It highlighted the significance of collective action and the positive impact it can have on society.



**Day 1**  
**20th February 2024**

**Registration:**

The first day of the NSS Seven Days Special Camp commenced with the registration process. Volunteers eagerly signed in the registration forms by paying an amount of 500Rs each as registration fees.

**General Orientation by NSS Programme Officer Rajeesh R Pillai:**

Following the registration, NSS Programme Officer Rajeesh R Pillai conducted a comprehensive general orientation session. He enlightened the volunteers about the objectives, expectations, and guidelines of the camp. Emphasizing the importance of community service and personal growth, he inspired the volunteers to actively engage in the upcoming activities.

**Camp Overview:**

During the orientation, an overview of the camp was provided, outlining the schedule, activities, and areas of focus for the day ahead. Volunteers were briefed on the various service projects, educational sessions, and cultural activities planned to enrich their experience and contribute meaningfully to the community.





## Day 2 21st February 2024

### Inauguration:

The second day of the NSS Seven Days Special Camp commenced with a ceremonial inauguration presided over by esteemed ward members of Edathala Panchayat, namely MA Naushad, Liji CK, and Asma Hamsa. Additionally, Vice Principal Rekha Lakshmanan and Principal Amar Nishad graced the occasion with their presence, marking the beginning of another productive day.

### KTU CARE Session:

A session focusing on KTU CARE was conducted by Regional Coordinator Anagha along with Adithyan, an ex-volunteer and senior mentor. This session provided valuable insights and guidance regarding the KTU CARE initiative, aimed at promoting academic excellence and holistic development among students.

### NRPF Session:

Following the KTU CARE session, Anandhu Balachandran. He shared his expertise and experiences, shedding light on the importance and mechanisms of NRPF, empowering volunteers with knowledge to effectively utilize external funding for community projects.

### Ice Breaking Session:

In the evening, an engaging ice-breaking session was conducted by Dany and Hashir, fostering camaraderie and rapport among the volunteers. This session provided an opportunity for participants to connect, interact, and unwind, further enhancing the sense of belonging and teamwork within the camp.









**Day 3**  
**22nd February 2024**

Yoga Session by VS Anjana:

Participants enjoyed a refreshing yoga session led by VS Anjana, promoting physical and mental well-being.

KSRTC Aluva Bus Station Cleaning:

Volunteers actively cleaned the KSRTC Aluva Bus Station, ensuring a hygienic environment for travelers.

Energy Cell Session by Mohammed Adhil RC:

Mohammed Adhil RC conducted an informative session on energy efficiency and conservation.

Rudhrasena Session by Mohammed Yoonas RC:

Mohammed Yoonas RC led a session on environmental conservation and biodiversity preservation.

Energy Audit:

An energy audit was conducted to optimize resource utilization and identify areas for improvement.

Vimukthi Mission Session by Aluva Range:

Ummer PO conducted a session on the Vimukthi mission, emphasizing the prohibition of drug usage.

Stress Management Session by Mary Anitha:

Mary Anitha facilitated a session on stress management techniques for participants' mental well-being.











#### **Day 4 23rd February 2024**

**Zumba Session by VS Anjana:**

The day kicked off with an energetic Zumba session led by VS Anjana, promoting fitness and fun among participants.

**Aluva Fire Station Cleaning:**

Volunteers engaged in a cleanliness drive at the Aluva Fire Station, ensuring a tidy and organized environment for the firefighters.

**Fire and Rescue Session by NP Udayakumar and Bijo V:**

NP Udayakumar, Assistant Station Officer, and Bijo V, Fire and Rescue Officer, conducted an informative session on fire safety and rescue techniques, equipping participants with essential knowledge and skills.

**Session on Drug Awareness by Shihab, ASI - Narcotic Cell:**



Shihab, ASI from the Narcotic Cell Aluva delivered a session on drug awareness, educating participants about the dangers of substance abuse and the importance of prevention.

Interactive Gaming for Confidence Boosting Session by Ex-VS Pranav:  
Pranav facilitated an interactive gaming session aimed at boosting confidence and teamwork among participants, fostering a sense of camaraderie and self assurance.







**Day 5 Report**  
**24th February 2024**

Puthu Vypin Beach Cleaning:



Volunteers engaged in a beach cleaning initiative at Puthu Vypin, demonstrating their commitment to environmental conservation and cleanliness.

#### Cultural Events for Volunteers:

The evening was filled with excitement as cultural events were organized to entertain and engage the volunteers. It provided a platform for showcasing talents and fostering camaraderie among participants.

Interactive Session by Sahad, Ex-NSS Volunteer: Sahad, an ex-NSS volunteer, led an interactive gaming session, fostering teamwork, cooperation, and fun among the participants.







**Day 6**  
**25th February 2024**

**Malayattoor Mahagani Thottam Cleaning Activity:**

Volunteers undertook a cleaning activity at Malayattoor Mahagani Thottam, demonstrating their dedication to preserving natural heritage and maintaining cleanliness in the area.

**Evening Cultural Events:**

The evening was packed with cultural festivities, offering participants a platform to showcase their talents and celebrate diversity through music, dance, and other performances.







## **Day 7 Report**

### **26th February 2024**

#### **Camp Closing:**

The final day of the NSS Seven Days Special Camp culminated with a closing ceremony, where participants gathered to reflect on their experiences, achievements, and the impact of their collective efforts. The event featured speeches by organizers, appreciation for volunteers' dedication, and acknowledgments for their contributions to the community. As the camp drew to a close, participants departed with a sense of fulfillment, camaraderie, and a commitment to continue serving their communities beyond the camp's conclusion.





**INTERNAL QUALITY ASSURANCE CELL**  
**SEMINAR, SYMPOSIUM, FDP, WORKSHOP AND OTHER TECHNICAL**  
**ACTIVITIES**

<b>Name of the College</b>	<b>KMEA ENGINEERING COLLEGE, EDATHALA</b>
<b>Name of the club</b>	<b>PAIN AND PALLIATIVE CARE UNIT</b>

**Type of Activity:**

**VISIT**

**Title of Activity :**

HOME CARE

*Add rows as required*

**Objective :**

To offer compassionate support and care to patients and families while fostering practical skills and empathy.

*Add rows as required*

**Level of activity ( College/Regional / National / International ) and target audience**

College Level

*Add rows as required*

**Expected outcome - academic / social / commercial**

- To develop social responsibility among students along with their education.

*Add rows as required*



### Programme details

Date	Time	Activity	Venue	Infrastructural requirements and availability
14/06/2023 28/06/2023	9.30 am to 1.00 pm	Home Care	Anwar memorial palliative care, Aluva	

### Details of Coordinators

	Coordinator 1	Coordinator 2
Name	RAJI T.R	RESIA REHMATH
Exact designation	Assistant Professor	Lab Instructor
Department	Electrical & Electronics Engineering	Electrical & Electronics Engineering
Cell number	6282174446	9497279031
Email	rtr.ee@kmeacollege.ac.in	rck.ee@kmeacollege.ac.in
Signature		



### **Report of the Event: (Minimum 500 Words)**

The Pain and Palliative Care Club of KMEA Engineering College, in collaboration with the Anwar Memorial Pain and Palliative Care Society, Aluva, has been conducting home care visits every Wednesday since March 2023. A group of over 30 members actively supports this initiative.

Each week, two palliative care volunteers, along with a nurse from Anwar Memorial Hospital, visit patients in nearby homes in Aluva. The goal of these visits is to provide holistic care to patients and their families.

Pain management is a key focus of the service. The team uses medical treatments, psychological support, and alternative therapies to reduce the suffering of patients and improve their quality of life. In addition, they provide comprehensive palliative care, addressing physical, emotional, and psychological needs. This approach helps patients find comfort, dignity, and a sense of purpose in their lives.

The home care service ensures that patients receive care in the familiar and comforting environment of their homes. During the weekly visits, the team carefully assesses each patient's condition and listens to their concerns, goals, and fears. Based on these discussions, they develop personalized care plans to meet the unique needs of each patient.

By promoting comfort and offering compassionate care, the team helps patients and their families navigate challenging times with dignity and support.





**PRINCIPAL**



# INTERNAL QUALITY ASSURANCE CELL

## SEMINAR, SYMPOSIUM, FDP, WORKSHOP AND OTHER TECHNICAL ACTIVITIES

<b>Name of the College</b>	<b>KMEA ENGINEERING COLLEGE, EDATHALA</b>
<b>Name of the club</b>	<b>PAIN AND PALLIATIVE CARE UNIT</b>

**Type of Activity:**

**Training Programme**

**Title of Activity :**

HOME CARE

*Add rows as required*

**Objective :**

To offer compassionate support and care to patients and families while fostering practical skills and empathy.

*Add rows as required*

**Level of activity ( College/Regional / National / International ) and target audience**

College Level, Students

*Add rows as required*

**Expected outcome - academic / social / commercial**

- To develop social responsibility among students along with their education.

*Add rows as required*



### Programme details

Date	Time	Activity	Venue	Infrastructural requirements and availability
<b>20/09/2023</b>	9a.m to 1p.m	Home Care	Anwar memorial palliative care,Aluva	

### Details of Coordinators

	Coordinator 1	Coordinator 2
Name	RAJI T.R	RESIA REHMATH
Exact designation	Assistant Professor	Lab Instructor
Department	Electrical & Electronics Engineering	Electrical & Electronics Engineering
Cell number	6282174446	9497279031
Email	rtr.ee@kmeacollege.ac.in	rck.ee@kmeacollege.ac.in
Signature		



### **Report of the Event: (Minimum 500 Words)**

On September 20th, two students from the Electronics and Communication Engineering (ECE) department at KMEA Engineering college participated in a home visit organized by the Pain and Palliative Club. The purpose of this visit was to provide assistance for patients in need. The team, comprising two students, reached Anwar Memorial Hospital, Aluva, at 10:30 AM and used a van for transportation, accompanied by a nurse and driver. The first patient visited was a 50-year-old male suffering from prostate cancer, which had left him bedridden for the past 8 months. Our team assisted the nurse in changing the Catheter for this patient. Following the successful assistance provided to the first patient, the team proceeded to the second patient's house. This patient was an elderly woman, approximately 70 years old, she has urinary retention and has been changing Catheter since 2015. Our team extended their support in changing the tube for this patient as well. Upon completing the home visits and ensuring the comfort and care of both patients, the team returned to Anwar Memorial Hospital, where they took a photograph to commemorate the visit with the patients. Subsequently, the team returned to college by 2:00 PM via private bus from Aluva. This home visit exemplifies the compassionate and valuable work undertaken by the Pain and Palliative Club at KMEA Engineering college, demonstrating the commitment of its members to providing care and support to those in need in the community. The club's dedication to such outreach activities reflects positively on the college and its students, fostering a sense of responsibility and empathy among the student body.





**PRINCIPAL**



# INTERNAL QUALITY ASSURANCE CELL

## SEMINAR, SYMPOSIUM, FDP, WORKSHOP AND OTHER TECHNICAL ACTIVITIES

<b>Name of the College</b>	<b>KMEA ENGINEERING COLLEGE, EDATHALA</b>
<b>Name of the club</b>	<b>PAIN AND PALLIATIVE CARE UNIT</b>

**Type of Activity:**

**Training Programme**

**Title of Activity :**

**ANNIVERSARY PROGRAM**

*Add rows as required*

**Objective :**

To inspire students to engage in community service, develop empathy, and contribute meaningfully to societal well-being through active participation in pain and palliative care initiatives.

*Add rows as required*

**Level of activity ( College/Regional / National / International ) and target audience**

College Level, Students

*Add rows as required*

**Expected outcome - academic / social / commercial**

To enhance students' academic understanding of palliative care, foster social responsibility through active community engagement, and strengthen collaborative ties that support impactful societal contributions.

*Add rows as required*



### Programme details

Date	Time	Activity	Venue	Infrastructural requirements and availability
18/11/2023	9.00am -4.00pm	Annual day Programme	IMA Hall,Aluva	

### Details of Coordinators

	Coordinator 1	Coordinator 2
Name	RAJI T.R	RESIA REHMATH
Exact designation	Assistant Professor	Lab Instructor
Department	Electrical & Electronics Engineering	Electrical & Electronics Engineering
Cell number	6282174446	9497279031
Email	rtr.ee@kmeacollege.ac.in	rck.ee@kmeacollege.ac.in
Signature		



### **Report of the Event: (Minimum 500 Words)**

The Pain and Palliative Care Club of KMEA Engineering College actively participated in the 21st Anniversary celebration of the Anwar Memorial Pain and Palliative Care Society, Aluva. The event was held on 18th November 2023 at the IMA Hall, Aluva.

The program was inaugurated by Justice C.N. Ramachandran Nair. Various activities were conducted by the pain and palliative care teams from different colleges, showcasing their contributions to the community. KMEA Engineering College also presented a skit performance during the event, which was well-received by the audience.

One of the highlights of the occasion was the opportunity for KMEA Engineering College's Pain and Palliative Care Club to donate an Oxygen Concentrator Incubator to the Anwar Memorial Pain and Palliative Care Society. This donation was made possible with the generous support of the alumni of KMEA Engineering College.

The event concluded with a prize and certificate distribution ceremony, which was graced by renowned cine artist Sri. Siddique. The entire program lasted approximately three hours and was a meaningful and enriching experience for all participants.

KMEA Engineering College is honored to have been part of this event, reaffirming its commitment to community service and the values of compassion and care.





ആലുവ അൻവർ മെമ്മോറിയൽ പെയിൻ ആൻഡ് പാലിയേറ്റീവ് കെയർ സൊസൈറ്റി വാർഷികം ജസ്റ്റിസ് സി.എൻ. രാമചന്ദ്രൻ നായർ ഉദ്ഘാടനം ചെയ്യുന്നു

## സാമ്പത്തിക പരിചരണ രംഗത്ത് തൊഴിൽ സാധ്യതയേറെ: ജസ്റ്റിസ്. സി.എൻ. രാമചന്ദ്രൻ നായർ

ആലുവ: സാമ്പത്തിക പരിചരണ രംഗത്ത് തൊഴിൽ സാധ്യതയേറിവരുന്നതായി ജസ്റ്റിസ് സി.എൻ. രാമചന്ദ്രൻ നായർ പറഞ്ഞു. ആലുവ അൻവർ മെമ്മോറിയൽ പെയിൻ ആൻഡ് പാലിയേറ്റീവ് കെയർ സൊസൈറ്റി 21-ാമത് വാർഷികം ഉദ്ഘാടനം ചെയ്യുകയായിരുന്നു അദ്ദേഹം. പാലിയേറ്റീവ് കെയർ സെന്ററുകൾക്കും വൃദ്ധസദനങ്ങൾക്കും പ്രസക്തിയേറിയകാലഘട്ടത്തിൽ ഈ മേഖലയിൽ സേ

വനങ്ങൾക്ക് താല്പര്യമുള്ളവരെ കണ്ടെത്തി പരിശീലനം നൽകിയാൽ തൊഴിലവസരം സൃഷ്ടിക്കാനാവുമെന്നും അദ്ദേഹം പറഞ്ഞു. അൻവർ പാലിയേറ്റീവ് കെയർ പ്രസിഡന്റ് ഡോ. സി.എം. ഹൈദരാലി അദ്ധ്യക്ഷത വഹിച്ചു. സിനിമാ താരം സിദ്ദീഖ് മുഖ്യാതിഥിയായി. അൻവർ പാലിയേറ്റീവ് കെയറിന് കെ.എം. ഇ.എ എൻജിനീയറിംഗ് കോളേജ് ഓക്സിജൻ കോൺസെ

ൻട്രേറ്റർ കൈമാറി. ഡോ. ഭോണി ഫെർണാണ്ടസ്, വാർഡ് കൗൺസിലർ ശ്രീലതാ രാധാകൃഷ്ണൻ, ഡോ. ഫ്രെഡി സൈമൺ, ഇ.എ. ഷബീർ, സി.എം. സലീം, പി.ബി. അലിക്വണ്ണ, ചിന്നൻ ടി. പൈനാടത്ത്, ജോബി തോമസ്, ഇസ്മായിൽ ഖാൻ, അസീസ് അൽബാബ്, കെ.ജെ. ജോസഫ്, സി.എ. സെയ്ദു, എ.എ. അബ്ദുൽ കരീം, എ.എസ്. രവിചന്ദ്രൻ എന്നിവർ സംസാരിച്ചു.









**PRINCIPAL**





## INTERNAL QUALITY ASSURANCE CELL

### SEMINAR, SYMPOSIUM, FDP, WORKSHOP AND OTHER TECHNICAL ACTIVITIES

<b>Name of the College</b>	<b>KMEA ENGINEERING COLLEGE, EDATHALA</b>
<b>Name of the club</b>	<b>PAIN AND PALLIATIVE CARE UNIT</b>

**Type of Activity:**

VISIT

**Title of Activity :**

VISIT TO WELFARE ASSOCIATION TRUST

*Add rows as required*

**Objective :**

To provide emotional support and companionship to patients in the community while allowing them to share their experiences and stories, thereby alleviating feelings of isolation and fostering a sense of connection with others facing similar challenges.

*Add rows as required*

**Level of activity ( College/Regional / National / International ) and target audience**

College Level, Students and staff

*Add rows as required*

**Expected outcome - academic / social / commercial**



- To create social responsibility among students along with their education.
- To develop empathy, improve communication skills, and grow personally by understanding the challenges faced by palliative care patients.

Add rows as required

### Programme details

Date	Time	Activity	Venue	Infrastructural requirements and availability
15/01/2024	9a.m-4p.m	VISIT	Welfare Association Trust. West.Veliyathunad, <b>Aluva</b>	

### Details of Coordinators

	Coordinator 1	Coordinator 2
Name	RAJI T.R	RESIA REHMATH
Exact designation	Assistant Professor	Lab Instructor
Department	Electrical & Electronics Engineering	Electrical & Electronics Engineering
Cell number	6282174446	9497279031
Email	rtr.ee@kmeacollege.ac.in	rck.ee@kmeacollege.ac.in
Signature		



**Report of the Event: (Minimum 500 Words)**

On January 15, 2024, in connection with Kerala Palliative Day, the Pain and Palliative Care Unit of KMEA Engineering College visited the Welfare Association at Veliyathunad, Aluva. The volunteers from the Pain and Palliative Care Unit organized various programs aimed at bringing joy and providing support to the residents of the welfare association.

During the event, the volunteers had the opportunity to serve a meal to the residents, and they shared the meal together. This initiative fostered a sense of community and offered emotional support to the people in the welfare.

The day was spent meaningfully, with both the volunteers and residents enjoying their time together. The event was a fulfilling experience for all involved, strengthening the bond between the college's Pain and Palliative Care Unit and the welfare community.





**PRINCIPAL**



# INTERNAL QUALITY ASSURANCE CELL

## SEMINAR, SYMPOSIUM, FDP, WORKSHOP AND OTHER TECHNICAL ACTIVITIES

<b>Name of the College</b>	<b>KMEA ENGINEERING COLLEGE, EDATHALA</b>
<b>Name of the club</b>	<b>PAIN AND PALLIATIVE CARE UNIT</b>

**Type of Activity:**

**VISIT**

**Title of Activity :**

HOME CARE

*Add rows as required*

**Objective :**

To offer compassionate support and care to patients and families while fostering practical skills and empathy.

*Add rows as required*

**Level of activity ( College/Regional / National / International ) and target audience**

College Level

*Add rows as required*

**Expected outcome - academic / social / commercial**

- To develop social responsibility among students along with their education.

*Add rows as required*

### Programme details

Date	Time	Activity	Venue	Infrastructural requirements and availability
06/03/2024	9.30 am to 1.00 pm	Home Care	Anwar memorial palliative care, Aluva	

### Details of Coordinators

	Coordinator 1	Coordinator 2
Name	RAJI T.R	RESIA REHMATH
Exact designation	Assistant Professor	Lab Instructor
Department	Electrical & Electronics Engineering	Electrical & Electronics Engineering
Cell number	6282174446	9497279031
Email	rtr.ee@kmeacollege.ac.in	rck.ee@kmeacollege.ac.in
Signature		



### **Report of the Event: (Minimum 500 Words)**

The Pain and Palliative Care Club of KMEA Engineering College has formed a group of over 30 members. This group collaborates with the Anwar Memorial Pain and Palliative Care Society, Aluva, to conduct home care visits every Wednesday in nearby homes in Aluva. The visits started in March 2023.

Each Wednesday, two palliative care volunteers from the club accompany a nurse from Anwar Memorial Hospital to visit patients in their homes. These visits focus on providing care and support to the patients and their families. The main goal of the home care service is to manage pain effectively. The team uses medical treatments, psychological support, and alternative therapies to reduce suffering and improve the patients' quality of life. Palliative care is another key part of the service. It focuses on the physical, emotional, and psychological needs of patients. The team ensures the care is comprehensive, respecting the dignity and comfort of the patients. Home visits are an important part of the program. These visits allow the team to assess the patient's condition in a familiar and comfortable environment. This approach helps patients feel at ease, making it easier to understand their needs. During the visits, the team talks openly with the patients. They listen to their goals, fears, and wishes. This helps the team create personalized care plans, ensuring the service is holistic and centered around the patient's needs. This initiative by KMEA Engineering College and Anwar Memorial Pain and Palliative Care Society is a significant step in providing compassionate care to those in need.



**PRINCIPAL**